

## aware of its importance, as today's children will be tomorrow's energy activists. Because

What is energy, and how do we use it?

energy can be an abstract concept for students, it's helpful to give your class a basic understanding of the forms energy takes and how it serves us. In simplest terms, energy is the ability to do work. Here are some forms of energy

Energy has become a major topic in today's news. It is imperative that students become

 Electrical Heat

students may recognize:

- Light
- Motion
- Chemical By changing one form of energy to another,

our homes and running our cars. A simple example is an ordinary toaster. We use electricity (one form of energy) and convert it to heat (another form of energy) to toast bread. Electricity can be converted into many types of energy. In addition to heat, it can be converted into motion (mechanical energy)

in the form of a motor. Motion can, in turn, be used in appliances that help us with many

we can make it work for us in activities such as cooking our meals, heating and cooling

types of work, such as washing machines, pencil sharpeners and dishwashers. Electricity can also be used to run vehicles. Chemical energy is stored in fuels, such as natural gas and gasoline. When fuels are burned they create heat that can be used to heat our homes, warm up water for showering, cook our food, dry our clothes and run our vehicles.



Simple steps to save energy at school

As a class, brainstorm examples of electrical energy, heat energy, light, motion and

## more than what's spent on textbooks and computers combined.

chemical energy in use at your school and in students' homes.



recess, lunch and after school.

Students and teachers can do a lot to save energy in their schools. By being more energy efficient, schools can help reduce greenhouse gas emissions and save money from improved energy

Did you know the annual energy bill to run America's primary and secondary schools is a staggering \$6 billion? That's

performance. The savings can be used for projects that improve the learning environment, such as building improvements and new textbooks. · Pick an energy monitor to make sure lights and computers are turned off before

• Encourage students to keep doors and windows closed when heat or air conditioning is running.

 Remind students to turn off the water in the bathroom when they are finished using it.

When students learn to be more energy effificient at school, they can bring what they've learned home. Ask your students to use our energy-saving tips and the Home Energy

Make sure books or furniture don't block the vents in your classroom.

- Ask students to report water leaks to you or the custodian.
- **Inspection** to identify and implement more energy-saving behaviors.

gas lines in vellow.

resources:

national**grid** Energy Explorer

Students

Electric power lines

Temporary survey markings

**Explore all our teacher resources** 

Teacher Tips help you explain all experiments.

**Teachers** 

Proposed excavation

Notify 811 for safe digging



 The caller explains to the 811 operator where the digging will occur. • The 811 service notifies all the major utilities that have underground lines near the · A worker from each utility identifies the location of each buried line near the dig

area and marks it with colored spray paint or small plastic flags. Each type of utility line gets marked in a different color. Electric lines are marked in red; natural

Potable water

Sewer and drain lines

Communications lines, cables or conduit

For National Grid employees

1MA

2015

Students may wonder what happens after someone calls 811. Here are the steps:

American Public Works Association color code for locator marks

who compromises these markings puts others at risk of contacting an underground utility line. Help protect your community by leaving them alone.



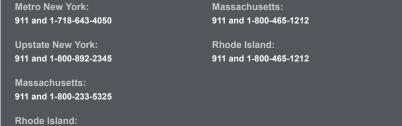
Our Energy Explorer website at ngridenergyworld.com is designed so that you can use it with little or no planning. The "Teachers" tab for each thematic section (Ethics, Electrical & Natural Gas Safety, Energy Efficiency and Environment) includes many helpful teacher

One-page Student Worksheets and Answer Keys help students review key

## • E-books have companion Teacher's Guides with background and discussion suggestions for each page, plus downloadable and reproducible Pre/Post Tests.

Let's learn electrical & natural gas safety! Learn to avoid electrical and natural gas hazards and how to respond to risky





911 and 1-800-867-5222

911 and 1-800-490-0045

911 and 1-800-640-1595