



Tips of the trade



If you contact an overhead power line

When you work outdoors with heavy equipment, you risk injury or death if you contact an overhead power line. Be sure you know what to do if this emergency happens on your job site.



Order our FREE worker safety kit on the National Grid e-SMARTworkers website.

[Order kit](#)

Stay on the equipment and warn others to keep away

Create an emergency plan. Review it before work begins so that everyone knows what to do if their equipment contacts an overhead power line. Here are the critical steps:

- **Move the equipment away from the line** if you can do so safely.
- **Call 911 and National Grid's emergency line immediately.** Stay inside the cab until National Grid utility workers say it is safe to get off the equipment.
- **Warn others** to stay far away from the line and anything it is touching. Anyone who contacts the line, the equipment or even the ground nearby may be injured or killed.

If you must exit the equipment

If fire or other danger forces you off the equipment:

- **Do NOT touch any part of the equipment and the ground at the same time.**
- **Jump clear** and land with your feet together.
- **Shuffle away with small steps**, keeping both feet together and on the ground at all times.
- Once clear, **do not return to the equipment** until National Grid has declared it safe.

Would you like to know more?

Additional utility safety tips, case studies, instructional videos and educational tools can all be found, at no charge to you, on National Grid's [contractor safety website](#).

For more contractor safety information, visit [ngridsafety.com](#).

To report emergencies, **call 911** and National Grid immediately. Always **call 911** if you suspect a gas leak!

Smell Gas. Act Fast.



Know what's below.
811 before you dig.

In case of gas emergencies:

Long Island and the Rockaways:
911 and 1-800-490-0045

Metro New York:
911 and 1-718-643-4050

Upstate New York:
911 and 1-800-892-2345

Massachusetts:
911 and 1-800-233-5325

In case of electric emergencies:

Upstate New York:
911 and 1-800-867-5222

Massachusetts:
911 and 1-800-465-1212